

OUR PATHWAYS TO HEALTH

WORKSHOP SCHEDULE

To enroll in one of our free workshops, please contact:
Michelle Comeau at Community Health Alliance
(707) 445-2806 x 4

DATE & TIME	CITY	LOCATION
September 10th – October 15th Saturdays, 10:30 – 1:00 p.m.	Garberville	Cedar Street Senior Apartments
September 15th – October 20th Thursday, 10:00 a.m. – 12:30 p.m.	McKinleyville	Timber Ridge
September 26th – October 31st Mondays, 6:00 – 8:30 p.m.	Loleta (In Spanish)	Loleta Family Resource Center
October 11th – November 15th Tuesdays, 2:00 – 4:30 p.m.	Blue Lake	Blue Lake Casino
October 12th – November 16th Wednesdays, 1:00 – 4:00 p.m.	Hoopa	K'ima:w Clinic (Diabetes Center)
October 12th – November 16th Wednesdays, 5:15 – 7:45 p.m.	Eureka	Telehealth
October 13th – November 17th Thursdays, 1:00 – 3:30 p.m.	Fortuna	Fortuna Senior Dining Site
October 13th – November 17th Thursdays, 1:00 – 3:30 p.m.	Eureka	Redwood Eureka Vet Center (Veterans Only)
January 17th – February 21st Tuesdays, 1:00 – 3:30 p.m.	Fortuna	Sequoia Springs Senior Living Community
Additional workshops will be listed in the near future.		

10.05.2011

**COMMUNITY
HEALTH ALLIANCE**

OF HUMBOLDT- DEL NORTE, INC.

**Aligning Forces
for Quality** | Improving Health & Health Care in
Communities Across Humboldt County

An initiative of the Community Health Alliance and the Robert Wood Johnson Foundation.