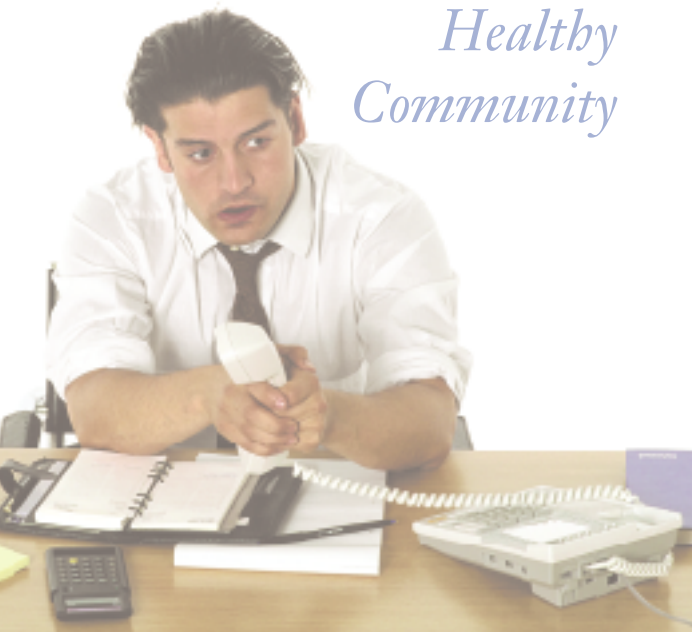


COMMUNITY HEALTH ALLIANCE

OF HUMBOLDT - DEL NORTE, INC.

*Working
Together
for a
Healthy
Community*



This program is partially funded by a Community Access Program grant from The Health Resources and Services Administration.

- According to the National Employee Assistance Professional Association, Employers realize a five dollar return on every dollar invested in employee assistance services.
- Stress-related illness is responsible for an annual loss of 132 million working days.
- Mental health expenditures account for 25% of all health costs.
- Depression costs American businesses nearly \$44 billion per year in lost productivity and substance abuse around \$100 billion.
- General Motors Corporations' EAP saves the company \$37 million a year, which is \$3,700 for each of their 10,000 employees enrolled in the program.
- In excess of 50% of marriages will end in divorce.
- Over 12 million people in the US are addicted to alcohol.
- 5% of adult Americans suffer from major mental illness.

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417 Second Street, Suite 203
Eureka, CA 95501-0489
VOICE 707 445-2806
FAX 707 445-2854
www.communityhealthalliance.org

In addition to the substance abuse problems, this EAP provides comprehensive counseling and referral services to help employees achieve a balance between their work and family as well as other personal responsibilities. Job effectiveness can be adversely affected when employees are faced with the mental or emotional problems associated with daily living.

Confidential Referrals available for:

- Mental Health Counseling
- Alcohol and Drug Treatment
- Elder Care Services
- Child Care Services
- Legal Problems
- Financial Counseling

A word about Confidentiality

All employees need to understand that the success of this program depends, in large part, on the confidential nature of the client records. Client confidentiality is foremost in this program and we adhere completely to the Federal Privacy Act as well as the Alcohol and Drug Patient Confidentiality Regulations.

For more information about this program call your authorized agent or the Community Health Alliance.

What is an EAP?

An Employee Assistance Program

is an employer sponsored program that provides employees and their dependents with a specified number of free counseling sessions and a wide range of referral services. This program benefits both the employer and the employee by identifying behavioral health care problems before they become chronic, debilitating and costly. Often, the difficulties can be resolved with EAP services.

This Employee Assistance Program assists in the identification and resolution of problems associated with employees impaired by personal problems. These may include: family, drug and/or alcohol abuse, finance, legal, childcare, elder care or other issues.

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What is covered:

Mental Health Services

Telephone referrals will be made to a local therapist. A large selection of licensed mental health professionals are available.

Credit Counseling

Referrals will be made to a local agency for a one hour no-cost consultation about financial problems. This session may cover issues such as debt management and budgeting.

Legal Services

Referrals will be made to a local agency for a one hour no-cost consultation regarding legal matters such as: divorce, bankruptcy, tenant rights and traffic violations.

Drug and Alcohol Intervention

Appointments will be made with substance abuse counselors for up to three hours of evaluation. Referrals may include placement in an appropriate recovery program and/or coordination with local 12 step programs.

Child and Elder Care Services

Referrals will be made to local agencies for support in arranging respite and sick care, day care placement and other child and senior services. The EAP provides a comprehensive elder care program to meet individual and workplace needs.

ONLY \$4.60
Per Employee Per Month

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